

BRANT • HALDIMAND • NORFOLK

MENTAL HEALTH WEEK KICK OFF EVENT



MONDAY, MAY 2, 2022

4 PM - 7 PM

HARMONY SQUARE

BRANTFORD

STRIVE AWARDS

The nominations are in! CMHA Brant-Haldimand-Norfolk and Woodview will present the 12th annual STRIVE awards that recognize individuals who strive for wellness with:

Strength Tenacity Resilience Intensity Variety Endurance

JEN BROWN MEMORIAL SCHOLARSHIP

Woodview Mental Health and Autism Services established a Memorial Scholarship Fund in loving memory of Jen Brown, a Woodview staff member, who advocated for others to be heard and accomplish their dreams. We'll be presenting the educational award to the first-ever recipient!

SENSORY BACKPACK FUNDRAISER

Woodview's youth engagement group, *Fortitude Youth Initiative*, have worked hard on an exciting new project that will provide children and youth in the community with sensory backpacks to support mental wellness! Youth will be fundraising and we invite everyone to support them by sponsoring a backpack for children and youth in need!

Suggested donation: \$25 per backpack.

COMMUNITY RESOURCE FAIR

Drop by the agency booths to learn more about the mental health resources available in the community! Follow [@BHN Mental Health Week](#) on social media for the Brant Haldimand Norfolk Mental Health Week *Calendar of Events!*

 [#GetLoudBHN](#)

 [#HaveEmpathy](#)

MUSIC CRAFTS LIGHT REFRESHMENTS FUN FOR THE WHOLE FAMILY!