

Talking to a mental health counsellor today would help.



### mental health walk-in clinics

FOR CHILDREN & YOUTH UP TO 18 YEARS & THEIR FAMILIES

Would it help to talk to a mental health counsellor today? Woodview is making it easier to get the mental health help when you need it!



or



TEXT 226-920-4427

Open to all residents of Brantford-Brant

We'll book an in-person or virtual appointment with a Woodview counsellor! It's free, confidential. and no referral or health card are needed.



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