

PEERS®

SOCIAL SKILLS GROUP FOR YOUNG ADULTS



PEERS® (Program for the Education and Enrichment of Relational Skills) is a 16-week evidence-based social skills intervention for motivated young adults who are 18+ years of age and who are interested in learning ways to help them make and keep friends. **Cost \$500**

Is PEERS® right for you?

- high-functioning ASD
- 18+ years of age
- desire to socialize with others
- appropriate behaviour in a group setting

At PEERS® you will learn how to:

- use appropriate conversational skills
- find common interests by trading information
- appropriately use humour
- enter and exit conversations between peers
- handle rejection, teasing, and bullying
- handle rumours and gossip
- be a good host during get-togethers
- make phone calls to friends
- choose appropriate friends
- be a good sport
- handle arguments and disagreements
- change a bad reputation

Virtual Group

Group sessions are delivered virtually via confidential and secure video conferencing (Zoom).

How to register for PEERS®:

To learn more about the PEERS® program, please email: peers@woodview.ca

Parent participation is required.

PassportONE
funding may be
used towards this
program!