

TALKING TO A MENTAL HEALTH COUNSELLOR TODAY WOULD MAKE A BIG DIFFERENCE!

WALK-IN MENTAL HEALTH CLINICS

FOR CHILDREN & YOUTH UP TO 18 YEARS & THEIR FAMILIES

You spoke, we listened.

We're making it easier to get the mental health help when you need it.

Simply call 519-752-5308 and press '0' or text 226-920-4427

and we'll book you a face-to-face or virtual appointment with a Woodview counsellor

- ✓ FREE
- ✓ CONFIDENTIAL
- ✓ NO REFERRAL NEEDED
- ✓ NO HEALTH CARD NEEDED



139 Grand River Street
North, Unit 20, Paris



124 Charing Cross,
Brantford



643 Park Road North,
Brantford



120 Colborne Street, Unit #106-107
(Harmony Square), Brantford

ARE YOU
IN CRISIS?



Call St. Leonard's 24/7 Mental Health Crisis Line 519-759-7188

ALL AGES