



Intensive Child and Family Services

Woodview's Intensive services are home-, school- and community-based programs for families with children/youth (ages 0-18) experiencing significant social, emotional, and/or behavioural challenges in their home, school and/or community. Priority is given to those with significant mental health concerns. These programs offer families an opportunity to build on their strengths, skills and relationships. These programs offer counselling and support for up to 6 hours per week, parenting strategies, consultation and support to schools and daycares, flexible hours and accessibility, follow-up *booster sessions*, parenting groups, and programs for children and youth.

There are many possible benefits and some things to consider before becoming involved with services at Woodview. They are included on the Client Orientation brochure that you have received.

Benefits specific to an Intensive Program:

- Children, youth and parents are free to address issues and concerns during “real time” in the home, school and community.
- You will receive support where and when it is needed the most – at school, in your home, or in the community.
- You may receive help and support to connect with other professionals if further assessments are needed to support the treatment plan.

Considerations specific to an Intensive Program:

- Due to the nature of this program, there are risks to your privacy when communicating with your counsellor outside of the office environment.
- Treatment in the home may result in families feeling a sense of intrusion.
- There may be some discussion about the way you discipline your son or daughter.
- You may feel that others will see you and your family differently because you have visited a children's mental health centre.
- Your son or daughter may feel that he or she is the problem and this may have a negative effect on the family.
- Children and youth may distort the picture of the family or the situation.

It is very important to us that parents understand our services and that we work together towards the success of your son or daughter. Please feel free to discuss any issues or concerns you may have with your counsellor. We hope that Woodview provides a positive experience for you and your family.