

PEERS®

SOCIAL SKILLS GROUP FOR TEENS

SESSIONS BEGIN
FALL 2019



PEERS® (Program for the Education and Enrichment of Relational Skills) is a 14-week evidence-based social skills intervention for motivated teens in middle and high school (ages 12-18) who are interested in learning ways to help them make and keep friends. **Parent participation is required.**

Is PEERS® right for you?

- high-functioning ASD
- 12-18 years of age
- desire to socialize with others
- appropriate behaviour in a group setting

At PEERS® you will learn how to:

- use appropriate conversational skills
- find common interests by trading information
- appropriately use humour
- enter and exit conversations between peers
- handle rejection, teasing, and bullying
- handle rumours and gossip
- be a good host during get-togethers
- make phone calls to friends
- choose appropriate friends
- be a good sport
- handle arguments and disagreements
- change a bad reputation

How much does this program cost and where will it be held?

The fee for the 14-week program is \$335. The location will rotate between Brant, Halton, and Hamilton depending on where the most interest is shown.

How to register for PEERS®:

To learn more about the PEERS® program, please email: peers@woodview.ca

What if my child is over 18?

PEERS® for Young Adults may be offered if there is interest. Please email us at peers@woodview.ca